

# *the nature of being*

**Maxwell Callaghan**  
**Sam Gold**  
**Rebecca McEwan**  
**Cassie Thring**  
**Lee Walter**

Featuring an eclectic display of works by local artists, this exhibition responds to notions of healing, growth and repair whilst reflecting some of our most visceral experiences and exploring what it means to be a human being.

Curated by Fiona Borthwick and Steph Cibich.  
Presented by the Centre for Creative Health and Dentons Fisher Jeffries.

**Exhibition showing 27 April - 31 May 2021**

*Kaurna Land*  
*Dentons Fisher Jeffries,*  
Level 1, 19 Gouger Street, Adelaide



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## Maxwell Callaghan

The four paintings in this exhibition are taken from a body of work titled "Tomb with No Windows". This body of work was made in response to an experience of being held, for long periods of time, in a seclusion room in a psychiatric hospital in South Australia and consistently subjected to both physical and chemical restraint by staff. The paintings show the ongoing presence of memories, bad dreams, visions and unconscious thoughts that derive from this experience. They are an effort to process, understand and communicate a subject which lacks public awareness and is rarely talked about or acknowledged from a patient's perspective.

Callaghan is a visual artist who lives and works on Kaurna land (Adelaide). In 2017 he graduated with a BVA Honours (First Class) Degree from Adelaide Central School of Art and was included in the National Graduate Show at PICA. In 2018, Callaghan held his first solo exhibition at FELTspace in Adelaide. In 2019, he was awarded an annual studio residency at ACE Open in Adelaide and held a solo exhibition at Rubicon ARI, Melbourne. His work is held in a number of private collections.



Maxwell Callaghan, *Tomb with no windows*, 2019, oil on canvas, 30x40cm. Photo by Sam Roberts. Courtesy the artist.

## Sam Gold

Sam Gold is a South Australian artist working in ceramics, sculpture and installation. Conceptually exploring the body's faculty for Poiesis in order to document movement and memory. Utilising clay as a chosen medium for its mimetic qualities. This process-oriented work is held together by the indexical trace of gesture as an act of catharsis, a process necessary for healing.

Gold creates installations from ceramic floor based and wall mounted pieces, these works are often one body of work, from small to large scales. The works are made with the intention of marking the clay from the body. The body a tool, the clay a site to document. The intention in Gold's work is to speak to the 'storiness' of our lived materiality and view objects as artefacts that are imbued with intimate acts of meaning.



Sam Gold, *Stillness: Votive vessel still life*, 2020, stoneware, gold on glaze, cobalt oxide hand dyed, dimensions variable. Photo by Sam Roberts. Courtesy the artist.

## Rebecca McEwan

*the nature of being*

*Each day, I see you, river. Each day, different. Colours that blend and change, endless cycles of renewal and transformation.*

*I know your curves, your bends, familiar shapes that lead my eyes in rhythmic sequence.*

*I know you well, now.*

McEwan is a multidisciplinary artist whose practice focuses on the intrinsic connections between humans and the natural world. Exploring ancient wisdoms, stories and folklore she works to re-awaken awe and re-ignite our lost reverence of the natural environment.



Rebecca McEwan, *brackish*, 2021, ink, encaustic wax on board, 46 x 61 cm. Courtesy the artist.

## Cassie Thring

Cassie Thring is a multidisciplinary artist working from Floating Goose Studios in Tarntanya Adelaide, SA. A passionate advocate of art programs in ageing and youth communities, her work reflects an interest in the riches and sorrows of life. *PUREGOLD (double portrait)* (2018) celebrates the beauty and strength of a full and long life.



Cassie Thring, *PUREGOLD, left hand (double portrait)*, 2018, photographic image on German rag, 60 x 46 cm.  
Courtesy the artist.

## Lee Walter

*We are intrinsically linked to our surroundings, what we nurture, ultimately, and fundamentally sustains us. Focusing on the act of collecting and making, the work in this series plays upon how my art practice and my environments plays an integral role in the nature of my being.*

*I believe our measurement of happiness lies not in the materiality of our commodities but in the amount of sand we have in our shoes.*

Walter is an emerging South Australian visual artist, working in photography and installation. Interested in both the human condition and ecological environments, she uses highly considered objects to construct her narratives.



Lee Walter, *Measurement of Happiness Composition #1*, 2021, Photographic print, 20 x 30 cm, editions of 10 (plus 2 artist prints).  
Courtesy the artist.

## Artwork list

### Maxwell Callaghan

1. Maxwell Callaghan, *Dragging your warm face across a cold wall again. Around and around. Being held down and bitten by a needle again and then, waking up with the same scream in your stomach six years later ah*, 2020, oil on canvas, 90x120cm, **\$1500**
2. Maxwell Callaghan, *Tomb with no windows*, 2019, oil on canvas, 30x40cm, **\$468**
3. Maxwell Callaghan, *Blue mattress screaming*, 2020, oil on canvas, 30x40cm, **\$468**
4. Maxwell Callaghan, *Pissing on a pot plant as a child and when I was twenty-two in the corner of a room*, 2017, oil on canvas, 100x130cm, **\$1500**

### Sam Gold

5. Sam Gold, *Stillness (Votive vessels series) a.* (2020), Scarva black stoneware, 15.2 x 17 cm, **\$1000**
6. Sam Gold, *Stillness (Votive vessels series) d.* (2020), Scarva black stoneware, 18 x d 19.5 cm, **\$1000**
7. Sam Gold, *Stillness (Votive vessels series) f.* (2020), porcelain Limoges (gold on glaze), 37 x 26 cm, **\$2000**
8. Sam Gold, *Stillness (Votive vessels series) g.* (2020), porcelain Limoges (gold on glaze), 21 x 11.5 cm, **\$1100**
9. Sam Gold, *Stillness (Votive vessels series) h.* (2020), porcelain Limoges, (gold on glaze), 19 x 30 cm, **\$1800**
10. Sam Gold, *Stillness (Votive vessels series) i.* (2020), porcelain Limoges (gold on glaze), 31 x 30 cm, **\$2000**
11. Sam Gold, *Stillness (Votive vessels series) j.* (2020), porcelain Limoges (gold on glaze), 14 x 16.5 cm, **\$1600**

12. Sam Gold, *Stillness (Votive vessels series) l*, (2020), cobalt hand dyed oxide fine, 21.8 x 14 cm, **\$900**
13. Sam Gold, *Stillness (Votive vessels series) m*, (2020), cobalt hand dyed oxide fine, 13 x 24.5 cm, **\$900**
14. Sam Gold, *Stillness (Votive vessels series) o*, (2020), cobalt hand dyed oxide fine, 83 x 13.8 cm, **\$850**
15. Sam Gold, *Stillness (Votive vessels series) p*, (2020), warm stoneware, 13 x 19 cm, **\$1250**
16. Sam Gold, *Stillness (Votive vessels series) r*, (2020), warm stoneware, 11 x 11 cm, **\$850**
17. Sam Gold, *Stillness (Votive vessels series) s*, (2020), warm stoneware, 11 x 13.2 cm, **\$850**

### **Rebecca McEwan**

18. Rebecca McEwan, *And this is the tale the river told*, 2021, native river plants, cotton, clay, sea grass mats, dimensions variable, **POA**
19. Rebecca McEwan, *Approaching the Bend – Ngangki pari*, 2020, ink, encaustic wax on board, 92 x 122 cm, **\$1200**
20. Rebecca McEwan, *brackish*, 2021, ink, encaustic wax on board, 46 x 61 cm, **\$900**
21. Rebecca McEwan, *salt and samphire*, 2020, ink, encaustic wax on board, 92 x 122 cm, **\$1200**
22. Rebecca McEwan, *The loop - Ngangki pari*, 2021, ink, encaustic wax on board, 46 x 61 cm, **\$900**

### **Cassie Thing**

23. Cassie Thring, *PUREGOLD left hand (double portrait)*, 2018, photographic image on German rag, 60 x 46 cm, edition of 5, **\$400 framed (edition 1), \$250 unframed (editions 2-5)**
24. Cassie Thring, *PUREGOLD right hand (double portrait)*, 2018, photographic image on German rag, 60 x 46 cm, edition of 5, **\$400 framed (edition 1), \$250 unframed (editions 2-5)**



## Lee Walter

25. Lee Walter, *Measurement of Happiness Composition #1*, 2021, photographic print, 20 x 30 cm, edition of 10 (plus 2 artist prints), **\$250 unframed**
26. Lee Walter, *Measurement of Happiness Composition #2*, 2021, photographic print, 20 x 30 cm, edition of 10 (plus 2 artist prints), **\$250 unframed**
27. Lee Walter, *Measurement of Happiness Composition #3*, 2021, photographic print, 20 x 30 cm, edition of 10 (plus 2 artist prints), **\$250 unframed**
28. Lee Walter, *Measurement of Happiness Composition #4*, 2021, photographic print, 20 x 30 cm, edition of 10 (plus 2 artist prints), **\$250 unframed**

To purchase an artwork, please contact Victoria Bowes, CCH Program Administrator, at [ybowes@creativehealth.org.au](mailto:ybowes@creativehealth.org.au)